

Free, day long training courses coming soon for anyone from anywhere!

Date	Course title	Description	Places available
Monday 8 September	Adventure Activities on Gower coastline	Abseiling, rock climbing and maybe getting in the sea along the south Gower coastline. Bring a towel, swimmies and spare trainers!	2 participants
Wednesday 10 September	Geocaching on Gower	Real life treasure hunting with GPS (like sat-nav) units on Gower. Great fun!	5 participants
Friday 12 September	Woodland management and cooking on fire	Chopping down trees and learning about how to work in the woods whilst cooking some great food on the fire	4 participants
Saturday 13 September	Building with straw bales - introduction	Practical introduction in building walls with straw bales	Fully booked
Monday 15 September	Tree climbing, green woodwork and cooking on fire	Climb a tree, make something to take home and cook some great food on a fire	3 participants
Friday 19 September	Timber framing with round wood - introduction	Practical introduction to building with round pole timber – trees – at the Little Bryn Gwyn site (SA3 1EB)	5 participants
Saturday 20 September	Tree climbing, green woodwork and cooking on fire	Climb a tree, make something to take home and cook some great food on a fire	Fully booked

Things to consider...

- Timings: from 10am to around 2.30pm (except straw bale building till 4pm). Meeting at Murton site (SA3 3AP), except timber framing with round wood at Little Bryn Gwyn (SA3 1EB)
- Bookings are based on 'first come, first served' – please await confirmation of your bookings by email from Down to Earth.
- Minimum age is 14 years old. Participants under 18 years old need a completed medical/consent to take part.
- All courses listed above have 50% place allocation for 'hard to reach' groups and 50% allocation for members of the public – please bear that in mind with your group needs.
- All activities are subject to weather conditions and may be adjusted at short notice.
- Please bring a packed lunch.

Booking places: Phone the office on 01792 232 439 or email mark@downtoearthproject.org.uk
More information on these courses can be found on: www.downtoearthproject.org.uk